

Local Resources

Food Banks, Shelters & Other Services (See Reverse for Spanish)

Crisis Services:

24-Hour Suicide and Crisis Lifeline: Call or Text 988

Denver Area Food Banks:

Senior Assistance Center: 4255 Jason St, C120, Denver, CO, 80211	(303) 455-9642
Bienvenidos Food Bank: 2224 W. 32nd Ave. Denver, CO 80211	(303) 433-6328
First Denver Friends Church: 4575 Elliot St. Denver, CO 80211	(303) 455-7604

Denver Area Shelters:

For Men:

Denver Rescue Mission Lawrence Street Shelter: 1130 Park Ave. W. Denver, CO 80205	(303) 294-0157
Catholic Charities Samaritan House: 2301 Lawrence St. Denver, CO 80205	(303) 294-0241

For Women:

Catholic Charities Samaritan House: 2301 Lawrence St. Denver, CO 80205	(303) 294-0241
Sacred Heart House of Denver: 2844 Lawrence St. Denver, CO 80205	(303) 296-6686

For Families:

Catholic Charities Samaritan House: 2301 Lawrence St. Denver, CO 80205	(303) 294-0241
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For Youth:

Family Tree Gemini Shelter: 1629 Simms St. Lakewood, CO 80215	(303) 235-0630
Serves teens, co-ed shelter, 24 hours	
Urban Peak: 1630 S. Acoma, Denver, CO 80223	(303) 777-9198
Serves youth 20 and under, safe for transgender, day and night shelter	

Financial Assistance for Bills/Utilities/Rent:

Senior Assistance Center: 4255 Jason St, C120, Denver, CO, 80211	(303) 455-9642
*Utility Bills & Rental Assistance	
Family Tree: 3805 Marshall St, Wheat Ridge, CO, 80033	(303) 235-0630
*Energy & Utility Bills	
Jefferson County Mental Health: 4851 Independence Street, Wheat Ridge, CO, 80033	(303) 425-0300
*Energy & Utility Bills	
Focus Point Family Resource Center: 2501 E 48th Ave, Denver, CO, 80216	(303) 292-0770
*Energy & Utility Bills	

Clothing:

Action Center: 8755 W 14th Ave. Lakewood, CO 80215	(303) 237-7704
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Work, Legal, and Immigration Services:

Centro de los Trabajadores: 2830 Lawrence Street. Denver, CO 80205	(303) 292-4115
Centro San Juan Diego: 2830 Lawrence Street. Denver, CO 80205	(303) 295-9470
JMLAC (Legal Aid): 913 N Wyandot St. Denver, CO 80204	(303) 839-1008

Transportation and Rides:

211 Rides: Call 211 Monday - Friday, 8am - 5pm to receive a ride to a local service or medical appointment.

Pregnancy and Women's Health Centers:

Alternatives Pregnancy Clinic: 1391 Speer Blvd. #250, Denver, CO 80204	(303) 295-2288
*Call Ahead to Make an Appointment	
St. Margret of Castello Center: 2905 Federal Blvd	(303) 455-3613
*Open Wednesday's 12-4	